



Housing & Real Estate

Independent Living is a Fantastic Option for Active Retirees

Submitted by Twin Creeks Retirement Living

Your glorious and well-deserved retirement day has arrived, and you can finally do whatever you want. Like every hoop you've jumped through to get here, you are undoubtedly facing good, bad, and often scary changes on the other side. But let's face it, change is inevitable.

A big question we all face when we hit this threshold is, now that we have the gift of spare time, what do we want to be doing with it? And if we don't want to continue spending our time on shopping for food, cooking it (or paying big prices by going out!), cleaning and maintaining a house, yard, and car, what are some options? In other words, how can we simplify life, leaving us with more time, energy, and money to explore our dreams.

Where you decide to live out the dreams you truly deserve in the way you want to live them is the life choice you may be facing.

New retirees often spend those first few years enjoying their houses or often downsize and move to a smaller house. However, that choice still involves the physical and financial commitment of having to maintain that house and yard. And chores don't take care of themselves, even if you bring in help (often expensive and unreliable!) to tackle them. Wouldn't it be nice if you lived where you have guaranteed help for all maintenance and housekeeping?

If your retirement goal is to enjoy traveling and seeing all the places you've saved and yearned for, can you easily walk out the door without worry? The connection you have with owning a house can become a leash. Wouldn't it be nice if you lived where you could walk out the door and not have a care in the world knowing you had a reliable staff who would make sure your home, mail, and car (and even pet!) were all in good hands until you returned?

Or maybe you want to get involved in your community, take classes, or spend time with grandchildren. After all, it's a great time to give back and further develop the knowledge and skills from a lifetime of learning and experiences. Wouldn't it be great to be in an environment that supports all sorts of educational, recreational, and family activities? And

wouldn't it be fun to easily enjoy great food and entertainment with friends, or go on adventurous trips and activities where you don't have to plan or even worry about driving?

Consider the option of moving into an "Independent Living" retirement community. Independent Living is geared to anyone who craves an easier and stress-free lifestyle. It's a great way to live a healthier and more active life surrounded with support and motivation so you can finally enjoy the moments you craved when you were working.

And it never hurts to think about your families who are naturally starting to worry about you. Yes, the parent/child roles tend to reverse just about the same time your new "retirement" rhythm starts to kick in, especially when you're single. The security of knowing you are a moment away from help and surrounded by a fun community of people whose mission is to KEEP you independent, active, and healthy has got to relieve their concerns.

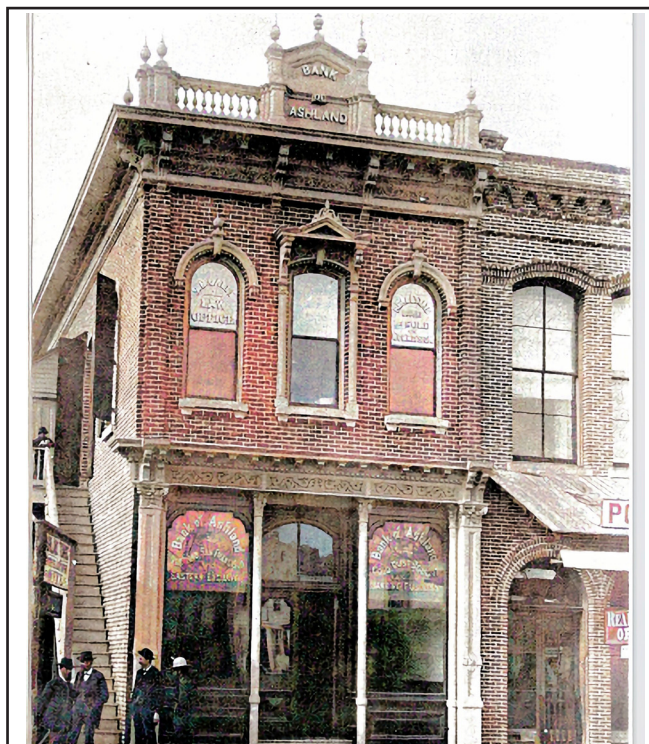
Consider this: If you are in the right community, you will undoubtedly see family and friends more than ever. They will enjoy seeing you experiencing days filled with fun and joy in an environment geared exactly for you.

Family and friends will be there for meals and even holidays! Dining options are like a fine restaurant and meals together are easy and a pleasure. They'll love knowing all chores are taken care of, transportation options are on-site and most of all, fun and friends are just around the corner.

Independent living is a place where everyone wants YOU to live your best life. Start by exploring the communities that feel comfortable to you and offer the services and amenities that match up to your dreams.

Most communities offer a month-to-month option, so there are no worries about feeling stuck. If opportunities appear on the "other side of the hoop," you can feel good knowing you've downsized and have set yourself up to follow the adventures ahead.

For more information call 541-664-8880.



The Bank of Ashland 1890

The **SILVER PAGES**
OF JACKSON AND JOSEPHINE COUNTIES

A SENIOR
INFORMATION
PUBLICATION

541-779-4839

*Kinsington Residential
Care Facilities*



Heirloom Living Centers, LLC
SAFETY • COMPASSION • DIGNITY

Kinsington Memory Care

"We care for your family's most valued treasure"

Flat Rate for Care & Services

Comfortable Home-like Setting

Numerous Resident Activities

Home-cooked Meals Served Family Style

No Limit on MCD

Medford

Kinsington Oak Grove
458-226-2376

Grants Pass

Kinsington Place
541-955-9866

Grants Pass

Kinsington at Redwood Park
541-476-2536

www.heirloomlivingcenters.com

Memory Care Community

Kinsington Oak Grove 458-226-2376

77 Oak Grove Road
Medford, OR 97501

Kinsington Place 541-955-9866

827 SW Kinsington Court
Grants Pass, OR 97526

Kinsington at Redwood Park 541-476-2536

1390 Dowell Road
Grants Pass, OR 97527

Please See Advertisement This Page

The Lodge at Countryside Village 541-450-3804

1718 Kellenbeck Avenue
Grants Pass, OR 97527



A·S·H·L·A·N·D H·O·M·E·S

REAL ESTATE Inc.



www.ashland-homes.com

*Offering Our Best and
Winning Your Trust
since 1980*



541-482-0044 • 800-334-7499

150 East Main Street, Ashland, OR 97501

Let me use my Local
Connections to give
you an edge when it
comes to Buying and
Selling Real Estate.

26 Years Experience

Face to Face Realtor



Jim Frings - Broker

**Call to begin your search
or for a free market analysis!**

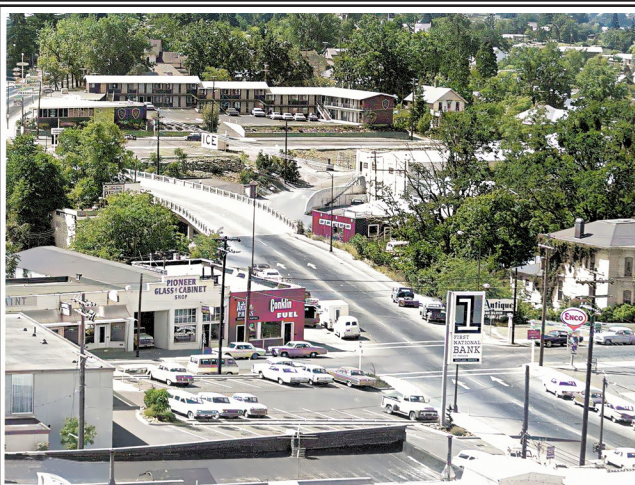


RE/MAX
PLATINUM

541-840-7184

maxhomefinder.com

*Proud owner of Max the
home finder detective dog.
For all your real estate needs.*



*Downtown Ashland 1960s
The parking lot now the Western Fargo Bank
parking lot. Bards Inn is in the foreground,
Pioneer Glass is the old Standing Stone
building and Artisan Press Conklin Fuel is
All's Well Herb & Vitamin Shop.*



Windermere
Van Vleet and Associates, Inc.

Dale Verger, ABR, CRS

BROKER

Licensed in Oregon

541.482.3786 541.944.6707 cell/vm

dverger@windermere.com 1.800.877.9501

www.RogueValleyRealtor.com

Sherri Scott
REAL ESTATE

Sherri Scott, Principal Broker/Owner

sherriscottrealestate.com

541-660-8739

Lic #201245970





THE OASIS PROCESS

Oasis Senior Advisors is a **FREE** service that provides experienced, professional help in finding the “right” senior living community.

- 1**
NO-OBLIGATION
CONSULTATION
- 2**
IDENTIFYING YOUR
LIFESTYLE NEEDS
- 3**
REDUCE YOUR
MONTHLY COSTS
- 4**
PERSONALIZED LIST
OF LOCAL
HOUSING OPTIONS
- 5**
TOURING THE
COMMUNITIES

541-403-8652

www.OasisSeniorAdvisors.com/Rogue-Valley

■ Real Estate

Ashland Homes Real Estate, Inc. 541-482-0044
150 East Main Street 1-800-334-7499
Ashland, OR 97520

Please See Advertisement Page 72

Re/Max Platinum - Jim Frings, Agent 541-840-7184
2594 East Barnett Road
Medford, OR 97504

Please See Advertisement Page 72

Royce Real Estate 541-482-3814
145 East Main Street
Ashland, OR 97520

Sherri Scott Real Estate 541-660-8739
325 NE Seventh Street
Grants Pass, OR 97526

Please See Advertisement Page 72

■ Real Estate Cont.

Windermere Van Vleet 541-482-3786
Dale Verger ABR, CRS 541-944-6707
375 Lithia Way
Ashland, OR 97520

Please See Advertisement Page 72

■ Senior Housing Placement

Oasis Senior Advisors 541-403-8652
Please See Advertisement This Page

*Age is opportunity no less
than you itself, though in another dress, and as
the evening twilight fades away the sky is filled
with stars invisible by day
Longfellow, Morituri Salutamus (1874)*

SOUTHERN OREGON'S BEST RETIREMENT & ASSISTED LIVING OPTIONS

TWIN CREEKS
An Active Adult Community

2 Bed, 1 Bed & Studio Apartments

TWIN CREEKS
Cottages

888 Twin Creeks Crossing
Central Point, OR 97502

541-664-8880

**Independent Retirement
Apartments & Cottages**



Indoor Saltwater Swimming Pool

www.twincreeksretirement.com



1122 Spring St
Medford, OR 97504

541-770-1122

www.hortonplaza.info

"Retirement Living at its Best!"



Personal Care Services Available

**Featuring
*Ultimate Dining***

All-day dining from
7:30 am - 7:00 pm

**2 Bedroom
1 Bedroom & Studio
Apartment Homes
starting at \$2,975**



All the Comforts of Home

1441 Morrow Rd
Medford, OR 97504

541-772-6005

www.fountainplaza.com



Personal Care Services Available

**Southern Oregon's
BEST RETIREMENT
VALUE for 30+ Years**

**Studio
1 Bedroom &
2 Bedroom
Apartment Homes
Starting at \$2,725
per month**

OFFERING ALL-DAY DINING & EXTENSIVE MENU SELECTIONS





2979 E. BARNETT RD MEDFORD 97504 | 541-779-6943



ENJOY AN INDEPENDENT LIFESTYLE

At Northridge Senior Living, we make retirement living easy to enjoy and affordable.

- AFFORDABLE CABLE TV, PHONE & WI-FI
- WEEKLY HOUSEKEEPING
- SCHEDULED TRANSPORTATION
- SOCIAL, EDUCATIONAL & RECREATIONAL PROGRAMS
- ON-SITE LAUNDRY SERVICES
- IN-HOME CARE OPTIONS AVAILABLE
- AND MORE!



COME AND SPEND THE DAY WITH US!

Make your day more enjoyable and entertaining with our fun activities, entertainment and friendship

GRANTS PASS
1150 NE 9TH ST
GRANTS PASS, 97526
541-295-8052

MEDFORD
2979 E. BARNETT RD
MEDFORD, 97504
541-779-6943

We offer full and half day services with a lunch and an afternoon snack. We have fully trained caregivers and a licensed nurse available as needed. Medication administration and bathing assistance is also available.

DAY SERVICES AMENITIES & ACTIVITIES

POOL TABLE
CARDS, BINGO & BUNCO
DART BOARD
GARDENING
COUNTRY RIDES

DINING OUT FOR LUNCH
COMMUNITY EVENTS
ARTS & CRAFTS
SPECIAL MUSIC
EXERCISE CLASSES



FOR RENT APARTMENT SUITES

Discover resort style living on 14 scenic acres in charming Ashland.



All utilities paid, including Wi-Fi and cable TV with HBO. Furnished and unfurnished options, with full or limited kitchenettes. Pet-friendly with access to walking areas and private dog parks. Complimentary access to hotel amenities including outdoor seasonal pool, Jacuzzi, tennis courts, pickleball, BBQ, fitness rooms, and parking. Washer/dryer combos in select units, on-site laundry room, and Luna Cafe, secure building access, free parking, electric car chargers. Lease and month-to-month options. Minutes from downtown Ashland, Lithia Park, restaurants, coffee shops, wineries, golfing, outdoor recreation, and more.



Get a quote and schedule a tour:

541.482.8310 ext 522

2525 Ashland St. Ashland, OR

Andres.Hernandez@neumanhotelgroup.com





261 LOTO ST, EAGLE POINT 541-930-8016



Our wellness services and life enrichment opportunities are designed to maintain or improve the capabilities of each resident with the emphasis on abilities and support to maintain independence. Our team believes if you do the right thing, the right things happen. We are guided by goodness, loyalty, faith, and fun.

- We encourage you or your loved one to be independent when possible.
- To maintain your community contacts.
- To expand your horizons by sharing your talents, continuing to learn, and exploring the opportunity to try new things.

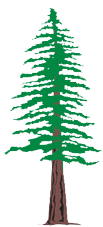
OUR REPUTATION SPEAKS FOR ITSELF

- 🏡 Beautiful Apartments
- 🏡 Safe Environment



- 🏡 Scheduled transportation
- 🏡 Leave the cooking and cleaning to us
- 🏡 Wide, well-lit hallways with grab bars
- 🏡 Available staff 24 hours a day
- 🏡 Frequent Wellness checks
- 🏡 Assistance with medications

*Interested in
learning
more about
Redwood Terrace
Assisted Living?
Call us or stop
by for a visit!*



**Redwood
Terrace**
Assisted Living

541-471-9543

3111 Canal Ave., Grants Pass, Oregon
www.redwoodterracealf.org



The Village at Valley View in Ashland helps people
with memory loss live joyfully in the moment.

1071 W Jackson Rd

541-482-0888

villagevalleyview.com



The SILVER PAGES

OF JACKSON AND JOSEPHINE COUNTIES



A SENIOR
INFORMATION
PUBLICATION

541-779-4839

■ Senior Retirement Housing

Apple Rogue Apartments 541-295-5510
929 SE 8th Street
Grants Pass, OR 97526
Equal Housing Opportunity

Ashland Hills Hotel & Suites 541-482-8310
2525 Ashland St Ext 522
Ashland, OR 97520

Please See Advertisement Page 76

Countryside Village 541-450-3804
1700 Kellenbeck Avenue
Grants Pass, OR 97527

Fountain Plaza - Retirement Community 541-772-6005
1441 Morrow Road 1-800-899-4515
Medford, OR 97504

Please See Advertisement Page 74

Horton Plaza 541-770-1122
1122 Spring Street 1-800-844-4058
Medford, OR 97504

Please See Advertisement Page 74

Jasmine Park I 541-471-9477
501 NE Anderson Street
Grants Pass, OR 97526

Lakeland Senior Living 541-930-8016
261 Loto Street
Eagle Point, OR 97524

Please See Advertisement Page 77

Northridge Senior Living 541-779-6943
2979 East Barnett Road
Medford, OR 97504

Please See Advertisement Page 75

Oak View Gardens LTD 541-471-6123
401 NE Anderson Street TDD: 1-800-735-2900
Grants Pass, OR 97526

Please See Advertisement This Page

Oak View Gardens

a Congregate Care Facility

Rents are based on 30% of Adjusted Income

- Breakfast & Lunch Services
- Laundry/Beauty Shop
- On Site Manager
- Recreation Room



401 NE Anderson St • Grants Pass, OR 97526

541-471-6123 TDD 1-800-735-2900

■ Senior Retirement Housing Cont.

Redwood Terrace Assisted Living 541-471-9543
3111 Canal Avenue
Grants Pass, OR 97527

Please See Advertisement Page 78

The Suites Assisted Living & Memory Care 541-955-9115
1301 SE Parkdale Drive
Grants Pass, OR 97527

Twin Creeks Retirement Living 541-664-8880
888 Twin Creeks Crossing 1-888-642-8880
Central Point, OR 97502

Please See Advertisement Page 74

Village at Valley View 541-482-0888
1071 West Jackson Road
Ashland, OR 97520

Please See Advertisement Page 78

What seniors should know about selling their homes

Submitted by Jim Frings, Agent Re/Max Platinum

Ok so you and your family have finally made the decision to sell your home and move on, now what? Are you aware of all the options available to you? Will you consider moving in with an adult son or daughter who can help you with your needs as you grow older? Or perhaps you are considering moving to a senior supportive environment.

Many seniors would prefer to continue living in their own home, aging in place. Sometimes circumstances work against those preferences. Whatever the reason, there may come a time when parents, along with their adult children consider selling and moving on.

See your house as an investment

Once the decision to sell has been made it's time to start looking at the home as an investment. That involves selling the home for the most money, in the shortest time and with the least amount of inconvenience.

For most people a home represents the largest part of their net worth so getting the maximum price for the home is of utmost importance. Many seniors will be living on a fixed income; therefore the equity in their home becomes an integral part of their overall financial plan.

Create an action plan to effectively market your property for top dollar by consulting with a Real Estate Professional

The issues facing senior citizens when selling their home are much different than for younger people. This professional should

maintain a network of other senior-focused professionals who can assist in tax counseling, financial and estate planning, and all other aspects of the sale and move.

Determine your listing price and create a marketing plan

Once you have selected your real estate professional that you feel confident about and are comfortable working with, it is now time to put together a marketing plan for the home. Your agent will know the features of your property which will bring it top dollar.

Seller's market or buyer's market?

During the listing of your home your agent should have discussed the current market conditions presently being experienced in your area. You should have a general understanding of how the local real estate market works, along with the forces and influences affecting your local real estate market at the present time.

Listing on MLS

Your Agent will place your property on the MLS for maximum exposure to all Agents and all real estate sites like Zillow, Realtor.com, Trulia and more.

No two properties are alike, as no two transactions are alike. Being involved and communicating keeps things on track and on time for all the parties involved. And the key word throughout this process is . . . Communication.

For more information call 541-840-7184.

Pacific Power at Your Service

Submitted by Pacific Power

Serving you is what Pacific Power is all about, and it has been since 1910. We know you depend on us to provide you reliable, affordable electricity that increasingly comes from clean energy sources. But mainly, we are here when you need us, 24/7/365.

Customer Service

Have a question about your bill or anything else to do with your account? Call 1-888-221-7070 any time. Para ayuda en español: 1-888-225-2611

You may want to change the way you pay your bill - set up an Equal Pay plan to make your billing easier to manage. You can seek help in paying your bill or get tips on saving energy every day.

Want to report a scam call? This is the place. Just a reminder, any time you suspect someone calling you is up to no good, hang up and call us. We will get the authorities involved and help you keep your account secure.

Safety & Outages

To ensure that you are prepared for outages, we ask that every home maintain an **Emergency Outage Kit** that includes the following:

- Flashlight
- Battery-operated radio and clock
- Extra batteries
- Non-perishable foods
- Manual can opener
- Bottled water
- Blankets

If a power outage occurs, Pacific Power encourages customers to first check their fuses and circuit breakers. If the power failure is not caused inside the home or business, customers should **report the outage to Pacific Power by calling 1-877-508-5088 or texting OUT to 722797**

Get the App. The Pacific Power App for mobile devices can become invaluable during an outage. You can report and track an outage affecting you from your mobile device. The app is free and can be downloaded on the App Store or Google Play. For more information, visit www.pacificpower.net/app.

Pacific Power suggests taking these safety precautions during an outage:

- Stay away from all downed power lines and utility lines. Even if the lines are not sparking, they could be energized and extremely dangerous. Call 911 and report the outage to Pacific Power at 1-877-508-5088.
- Extensive rain may cause flooding or landslides. Be especially careful of any standing water or even soggy ground. A live downed wire may seem to be a safe distance away, but it is still extremely dangerous due to wet conditions.
- Don't drive over downed power lines.

Supporting your community

The Pacific Power Foundation is the philanthropic arm of Pacific Power. Our mission, through our charitable investments, is to support the growth and vitality of our communities.

In 2020-21, the Pacific Power Foundation awarded \$1 million to nonprofit organizations in the Northwest. In southern Oregon, these organizations include:

- Jackson County YMCA
- Kids Unlimited
- Access
- New Spirit Village
- Grants Pass Family YMCA
- Josephine County Food Bank
- Boys and Girls Club of the Rogue Valley



Hotel Oregon, 1908